

# NJ EXPRESS



## NJ EXPRESS FIELD HOCKEY 2012 SPRING TRYOUTS

For the player that is looking to excel, NJX offers spring training and travel teams. In order to compete on our travel team, you must try out on Sunday, March 18.

Athletes will be tested in stick skills, agility, speed, and overall game sense.

For full details on the spring season, visit our website at <http://www.njexpressfh.com>

**Cost: \$15 per player**

Please wear black shorts and white top and arrive 30 minutes prior to tryout time. Mouth and shin guards required.

Cash or checks payable to  
NJ Express Field Hockey



Credit cards now accepted

### TRYOUT SCHEDULE

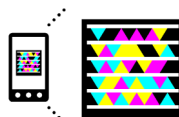
Tryouts are one hour on Sunday, March 18 2012 at  
**The Elite Training Academy**  
1 Tice Road, Franklin Lakes NJ 07417  
<http://www.elitetrainingacademy.us>

U14 (all Middle School)	2-3 PM
U16 (Freshmen and Sophomores)	3-4 PM
U19 (Juniors and Seniors)	4-5 PM

### REGISTRATION

All athletes must register prior to tryout.

Scan the tag to register now from your mobile phone or register on our website.



Get the free mobile app at  
<http://gettag.mobi>



Contact us with any questions at [njexpressfh@gmail.com](mailto:njexpressfh@gmail.com)